

## GLOUCESTER HIGH 2023-2024 CLUBS



### **Friends of Rachel/Helping Hands- Ms. Kati Light**

Friends of Rachel commit random acts of kindness and compassion. They Choose positive influences and eliminate prejudice. Activities include “Welcome Wagon”, “Free Community Car Wash” and “Alex’s Lemonade Stand”, as well as a number of other activities that are planned. We have partnered with Cold Springs School after school program, students will help with snacks, homework, play games and puzzles.



### **Ceramics Club –Mrs. Denise Bennett**

Students gain a greater understanding of the integration of ceramics in the world, throughout history and in modern times. Students produce special ceramic works of art for contest and holidays. Students share their skills and knowledge of ceramics with others.



### **Leo Club & Interact Club- Ms. Rachel Gorman**

Students work with the Gloucester City Lion Club on various projects including Toys for Tots at Christmas, Lions Barbecue, and Fall Festival, Gloucester Clean-up Day, canned food collections and much more.



### **Photography Club – Mr. Raymond Emerle**

Students will have the opportunity to work in the darkroom processing and printing photographs and computer access (Photoshop).



### **Pep Club – Ms. Virginia Brandt**

This club provides an outlet for school spirit and pride. Promote leadership and group- unity. Students are involved in the fall, winter and spring pep rallies, and spirit week sessions, buses to select games and Blue and Gold Day.



### **Ski Club/Snowboard Club –Ms. Kim Johnson**

Students will get experience with skiing and snowboarding. This club will offer recreational skiing and snowboarding trips. Students will enjoy up to 5 trips for a nominal fee to Jack Frost/Big Boulder.



### **Multicultural Cooking Club- Ms. Carly Shrader & Ms. Antonia Diamantis-**

Students will learn about cuisine and etiquettes from other countries. Research recipes, collect ingredients, prep food.



### **Yoga Club- Ms. Kati Light**

Students will learn various relaxation /breathing techniques for coping with stress. Gain strength and flexibility physically, mentally and spiritually. Students will also work towards building character and confidence, as well as a healthy body image.



### **Art Club- Ms. Markakis**

Students will be active throughout the year with various activities, making posters, crocheting scarves for the homeless along with independent studies. There will be a variety of field trips throughout.



### **Student Council-Keith Gorman & Rachel Gorman-**

Student council is a group of student leaders who work with an adult advisor to collaborate with others to impact their school community, which impacts their city or town.



### Debate Club-Mr. Mike Lifsted

Members will learn debate styles, try new styles and come up with a more informal style.



### Fellowship of Christian Athletes- Ms. Rachel Gorman/Mr. Keith Gorman



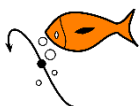
### Golf Club-Mr. Mike Lifsted

Club is open to both boys and girls, learning the fundamentals of the game, rules, etiquette and how Golf is a sport you can enjoy for a lifetime.



### Gaming Club- Mr. Nick Orsino

Students will explore many facets of gaming entertainment.



### Fishing Club- Mr. Rich Maunz

We will meet on Monday twice a month. Weather permitting, we will meet in room C-6 or Martins Lake and other fishing spots.



### Business Club- Mr. Korey Jeffries

The primary benefit to joining a business meeting group is **the chance to network and build a rapport with like-minded individuals**. Make a sincere effort to get to know the members of your local business community. Don't stop at the small talk.



**Drone Club- Mr. Bob McWilliams**

- This club will introduce, instruct, and develop participants into responsible and educated drone pilots.
- We will explore the various aspects of drone piloting including equipment, safety, building, piloting skills, site/field evaluation, content editing, and explore industry entrepreneurial/professional opportunities after graduation.



**Hiking Club- Mr. Matt Whitecar-**

Students can come together and explore passions and curiosities about outdoor activities. The mission is to educate and provide outdoor opportunities for students in our community.

**Kan Jam Club- Mr. Ed Malone & Mr. Greg Galbraith-**



Come out and learn a fun game and get outside and exercise in the process



**Anime Club- Mrs. Jenn Groatman-**

**Learning, watching and experiencing the culture of Anime.**



**Sports Psychology Club- Ms. Natalie Velez-**

Sports psychology can improve performance by reducing anxiety, it works by improving focus or increasing mental toughness, can also help uncover issues that might be limiting the athlete's performance.



### **Indoor Track-Mr. Nick Wright-**

Indoor Track Club is an organization created to generate interest in Indoor Track at GHS. Indoor track events include the 60m dash, 300m dash, 1600m run, high jump, long jump, pole vault, and shot put. Practices run three times a week during the Winter Sport season."



### **Environmental Club- Mrs. Michaelene Stiles-**

Environmental Club is a group of concerned students, teachers and volunteers that are committed to raising awareness about environmental issues and to reducing environmental impact as individuals, a school community, and as citizens of the world.



### **Nate's Story- Ms. Liz Bakey & Ms. Rhonda Bennett-**

Aiming to break the stigma surrounding grief, trauma and mental health issues through support, guidance, education, and perseverance.



### **PING PONG CLUB-DON URBANSKI**

You can have fun learning how to play. You can play one-on-one, or you can play with two teams of two, which is known as doubles.

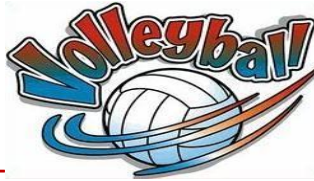


### **Unified Sports- Mrs. Jenn Groatman-**

Dedicated to promoting social inclusion through shared sports training and competition experiences, Unified Sports joins people with and without physical and intellectual disabilities on the same team. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding.

**SAGE CLUB-Ms. Athena Markakis**

SAGE is the Sexuality and Gender Equity Club. We will be focusing on building community in an environment that is accepting and supportive of all identities.



**VOLLEYBALL CLUB-Ms. Rhonda Bennett-**

If you like to have fun mixed with exercise come out join the Volleyball Club.